

Chaplet of Spiritual Communion – Prophetic Mysteries

Using Rosary Beads – Beginning Prayers:

1x: Sign of the Cross
1x: Apostles Creed
1x: Our Father
3x: Hail Mary
1x: Glory Be
1x: O My Jesus

Prayers - Each Mystery

1x: O Lord, just as You prepared Mary to carry You, prepare us to receive You in the Eucharist and to be worthy to have Your body, blood, soul and divinity within us. In our sins, we offend You and reject You, but through Your divine mercy, we can be reunited with You. We are truly sorry for our sins and our rejection of You. Help us to approach You in humility and obedience, to seek Your forgiveness, and to trust in Your Divine Mercy so we may be purified and prepared to receive Your body and blood.

10x: Holy Mary, Mother of the Eucharist, lead us to your Son and pray that we will always recognize Jesus in the Eucharist trusting in the real presence of His body, blood, soul and divinity for Our Lord's flesh is true food, and Our Lord's blood is true drink. My Lord Jesus, come spiritually into my heart. Amen.

1x: Glory Be

1x O My Jesus

Prayer - Conclusion:

1x: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

1x: Sign of the Cross

First Mystery: Melchizedek Offered Bread and Wine as a Sacrifice - Genesis 14:18-20

Melchizedek, king of Salem, brought out bread and wine, and being a priest of God Most High, he blessed Abram with these words: "Blessed be Abram by God Most High, the creator of heaven and earth; And blessed be God Most High, who delivered your foes into your hand." Then Abram gave him a tenth of everything.

Second Mystery: The Lamb is the Passover Sacrifice Exodus 12:1,3,5-14

The LORD said to Moses and Aaron in the land of Egypt, "Tell the whole community of Israel: On the tenth of this month every one of your families must procure for itself a lamb, one apiece for each household. The lamb must be a year-old male and without blemish. You may take it from either the sheep or the goats. You shall keep it until the fourteenth day of this month, and then, with the whole assembly of Israel present, it shall be slaughtered during the evening twilight. They shall take some of its blood and apply it to the two doorposts and the lintel of every house in which they partake of the lamb. That same night they shall eat its roasted flesh with unleavened bread and bitter herbs. It shall not be eaten raw or boiled, but roasted whole, with its head and shanks and inner organs. None of it must be kept beyond the next morning; whatever is left over in the morning shall be burned up. This is how you are to eat it: with your loins girt, sandals on your feet and your staff in hand, you shall eat like those who are in flight. It is the Passover of the LORD. For on this same night I will go through Egypt, striking down every first-born of the land, both man and beast, and executing judgment on all the gods of Egypt-I, the LORD! But the blood will mark the houses where you are. Seeing the blood, I will pass over you; thus, when I strike the land of Egypt, no destructive blow will come upon you. This day shall be a memorial feast for you, which all your generations shall celebrate with pilgrimage to the LORD, as a perpetual institution."

Third Mystery: The Israelites Ate Manna in the Desert Exodus 16:2-8

Here in the desert the whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD'S hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!" Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. On the sixth day, however, when they prepare what they bring in, let it be twice as much as they gather on the other days."

Fourth Mystery: The Messiah will be a Priest like Melchizedek -Psalm 110

A psalm of David. The LORD says to you, my lord: "Take your throne at my righthand, while I make your enemies your footstool." The scepter of your sovereign might the LORD will extend from Zion. The LORD says: "Rule over your enemies! Yours is princely power from the day of your birth. In holy splendor before the daystar, like the dew I begot you." The LORD has sworn and will not waver: "Like Melchizedek you are a priest forever."

Fifth Mystery: Elisha and the Multiplication of the Loaves 2 Kings 4:38, 42-44

When Elisha returned to Gilgal, there was a famine in the land. A man came from Baal-shalishah bringing the man of God twenty barley loaves made from the first fruits, and fresh grain in the ear. "Give it to the people to eat," Elisha said. But his servant objected, "How can I set this before a hundred men?" "Give it to the people to eat," Elisha insisted. "For thus says the LORD, 'They shall eat and there shall be some left over.'" And when they had eaten, there was some left over, as the LORD had said.